

## **Leading Level Fitness and Wellness Services and Pricing**

### **Individual 30 Minute Personal Training Sessions:**

- 1x per week, \$55.00 /session + Tax
- 2x per week, \$51.00/session + Tax
- 3x per week, \$47.00/session + Tax

### **Individual 60 Minute Personal Training Sessions:**

- 1x per week, \$82.00/session + Tax
- 2x per week, \$78.00/session + Tax
- 3x per week, \$74.00/session + Tax

### **“Standing” Small Group Sessions (minimum of 4 persons)**

- 1x per week, \$90.00/month + Tax
- 2x per week, \$133.00/month + Tax
- 3x per week, \$198.00/month + Tax

### **Reiki Sessions:**

60 Minute Sessions \$90.00/session + Tax

75 Minute Sessions \$112.00/session + Tax

### **Nutrition:**

- One Time Purchases

- Macronutrient based startup \$158.00 + Tax

### **LLF Package Options:**

- Two Months monitoring Paid in Full \$284.00 + Tax

- Three Months monitoring Paid in Full \$402.00+ Tax